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OCTOBER Updates



INDIGENOUS FORESTRY CONFERENCE



This year's Indigenous Forestry Conference was held in Nanaimo, co-hosted by Snuneymuxw First Nation. PDG team members Troy Good and Michael Wyse were featured speakers in the breakout session "Inspiring the Next Generation: Building Indigenous Careers in Forestry." They shared their education and career journeys with PDG, highlighting how they became involved in forestry and the meaningful work they do today. Their stories were aimed at encouraging Indigenous youth to see forestry as a profession with opportunity, purpose, and impact.



NEW CHIPS IN PLAY



Starting on September 8, our
Casino Nanaimo is featuring
official Snuneymuxw poker chips!
We are excited to share our
Nation's presence in a bold, visible
way. An amazing milestone and a
Snuneymuxw first!







PDG EAGLEVIEW & MORE

Learn more about PDG, explore our portfolio of businesses and developments, and preview what's coming next.

Available on petroglyphdg.com/news





Follow our social channels to keep up with projects, news, and stories. Discover more about PDG, our role for the Nation, and why the December 6 vote matters.

JOB OPPORTUNITIES

Stay updated: petroglyphdg.com/career-opportunities.













for Elder Lolly

The land is forgiving of our mietales
destruction we left in our place
Stories growing from our past
flowers blooming in cracked pavement
truth unearthed like roots
drums like voices
Carry over our land
Our ancestors telling their stories
Silence broken, songs the raven sings
Cradle ms in midnight wings
roven brings me home
he shows me the sun
the seeds of truth
and how to take them for myself.



Elder Lolly Good shares cultural teachings, drumming and singing throughout the public schools.

A grade 12 titumathut from NDSS, named Lune dedicates this poem to Elder Lolly Good.

Lolly is grateful that the titumathuts paid attention to what she shared within the 1 hour that morning.

"the titumathuts are listening."







Welcome to our new YOUTH CENTRE!

This is one of the ways we are investing in our children, our future.

This year we also opened our second daycare, Qwam Qwum Qeq, and now we are thrilled to celebrate our new Snuneymuxw Youth Centre, in collaboration with Kw'umut Lelum.

We are grateful to everyone who worked hard to make these opportunities for our children possible.

"I can't express how honoured and thankful we are to work with KL to bring this beautiful building forward. We look back on the history of a youth center and a community and how much it provides. Now we have a special place for our young people to go and hang out and have fun together. That's what it's all about, is to look after each other and have fun as a youth."















This Fall, we also opened our SECOND daycare!

Qwam Qwum Qeq (which means "Strong Babies") is located right next door to Qwam Qwum Stuwixwulh School (QQS). Our new daycare is filled with natural light and surrounded by the beautiful trees and plants of our territory.

Shaped by the voices of our community, Qwam Qwum Qeq was built to support our growing families who are balancing work, education, and raising children. It was clear that we needed more daycare spaces, so we found a path.

If you have any questions about Qwam Qwum Qeq, please contact: daycaremanager@snuneymuxw.ca















Snuneymuxw First Nation

Notice of Chief & Councillor Nomination Meeting

A meeting of the electors of the Snuneymuxw First Nation will be held to nominate candidates for one (1) Chief and five (5) councillors for the next four-year term, commencing February 2, 2026. The term is expiring for Chief and 5 Councillors. The following councillors will continue in their positions until February 1, 2028: Councillors Eli Wyse, Kate Good, Regan Seward, Isaac Thomas and Bill Yoachim.

Nomination Meeting -- November 7, 2025 -- 6:00 – 9:00 PM Snuneymuxw Gymnasium - 1145 Totem Road, Nanaimo, BC

You must be a Snuneymuxw member and 18 years or older as of December 13, 2025 to nominate, be a candidate, or vote. You may nominate or second up to 1 candidate for Chief and up to 5 for Councillor.

- ☐ You may nominate in person at the meeting. You may also deliver nomination forms to the Electoral Officer (I encourage you to email forms back to: ronlauferelections@gmail.com). Mail-in nominations (including those that are hand-delivered) must include the signed and witnessed Voter Declaration Form. You may copy a blank nomination form if you wish to nominate for multiple positions.
- ☐ Mail-in nomination forms must be received by the electoral officer by 4:30 PM on November 7, 2025. Hand-delivered nomination forms must be received by the Electoral Officer before the close of the nomination meeting at **9:00 p.m.** in order to be valid.

Election Day -- December 13, 2025 -- 9:00 AM TO 8:00 PM Snuneymuxw Gymnasium - 1145 Totem Road, Nanaimo, BC

Any elector may vote in person, online or by mail-in ballot (Canada Post may not be available).

NOMINEE REQUIRMENTS:

- Nominees with a criminal conviction within the past five (5) years are not eligible to hold office.
- If you are nominated on November 7, you will have three (3) days until 4:30 p.m. on November 10, 2025 to submit a recent Criminal Record Check, Candidacy Acceptance Form and Declaration of Eligibility Form to the Electoral Officer. Nominees who fail to meet this deadline cannot be a candidate in the election. Copies of the SFN Electoral Code are available at the SFN Administration Office. Candidacy Acceptance Forms are available from the Electoral Officer.

Given under my hand at Vancouver, this 8th day of October 2025

Electoral Officer

Please contact the electoral officer anytime for assistance with anything about the election process:

Electoral Officer: Ron Laufer Email: ronlauferelections@gmail.com

Mobile: 1-833-443-VOTE (8683) P.O. Box 96125, Mountain View, Vancouver, BC V5V 0H7



THLAP'QWUM COMMUNITY SETTLEMENT TRUST Notice of Nomination Meeting

DATE: November 7, 2025 TIME: 6:00 PM - 9:00 PM

LOCATION: Snuneymuxw Gymnasium (1145 Totem Road, Nanaimo, BC)

A meeting of the electors of the Snuneymuxw First Nation will be held at the above time and place to nominate candidates for the position of Community Trustee of the Thlap'Qwum Community Settlement Trust (the "Trust"). Two (2) Trustees will be elected, one (1) resident Trustee and one (1) non-resident Trustee. The four-year term of office for the Trustees will begin on February 2, 2026.

- Nominees must submit a candidate acceptance form and criminal record check by November 10th at 4:30 PM and be approved by the Administrative Trustee to stand for election.
- · Potential candidates must satisfy all the eligibility requirements to serve as a Trustee:
 - 1. be at least 19 years of age;
 - 2. not be mentally incompetent;
 - 3. not be bankrupt or have been convicted of fraud;
 - 4. have financial, legal, accounting, or business education or experience;
 - be a SFN member;
 - not be a member of SFN Council, an employee of SFN, nor an employee, director, or
 officer of any organization owned or controlled by SFN, except for positions of
 administrative assistance to SFN Council or the Trust; and
 - have no prior convictions for indictable offences for which a pardon was not obtained, as evidenced by a criminal record check.

You must be a registered Snuneymuxw member and at least 18 years of age as of December 13, 2025 (election day) to nominate a candidate or vote.

You may nominate in person at the meeting. You may also deliver nomination forms to the Electoral Officer (I encourage you to email forms back to: ronlauferelections@gmail.com). Mail-in nominations (including those that are hand-delivered) must include the signed and witnessed Voter Declaration Form. You may copy a blank nomination form if you wish to nominate for both positions. Please note you can only nominate one person for each position (resident and non-resident Trustee). Each form must be signed by you and witnessed.

Mail-in nomination forms must be received by the electoral officer by 4:30 PM on November 7, 2025. Hand-delivered nomination forms must be received by the Electoral Officer before the close of the nomination meeting at 9:00 p.m. in order to be valid.

Election Day -- December 13, 2025 -- 9:00 AM TO 8:00 PM Snuneymuxw Gymnasium - 1145 Totem Road, Nanaimo, BC

Any elector may vote in person, online or by mail-in ballot (if available via Canada Post). Please contact the electoral officer anytime for assistance with anything about the election process.

Given under my hand at Vancouver, this 8th day of October, 2025

Ron Laufer, Electoral Officer Email: ronlauferelections@gmail.com

Phone: 1-833-443-VOTE (8683) P.O. Box 96125, Mountain View, Vancouver, BC V5V 0H7





HALLOWEEN



(for Snuneymuxw Elders 65 and older)





Wear a costume for a Costume Contest!

(Prizes to be won!)



11am - 1pm Friday October 31st, 2025

Where:

Snuneymuxw Health Centre (1451 MacMillan Road)



<u>Local rides available:</u>

To schedule a ride, call **250-740-2337**



Questions?

Contact Kate Good at kateg@snuneymuxw.ca or the Health Centre at 250-740-2337









Intro to our "Sacred Sidekicks" young mens group

With Marty W.
Ages 10-14

FRIDAYS 3:30—5:00PM

Education Portable — 669 Centre street

Starts Oct 3 2025

Register your son today

Nan | nancys@snuneymuxw.ca

Or Facebook Nan or Marty







XE'XE QLUMI

SACRED GIRLS PROGRAM FOR AGES 10-14 COME FIND YOUR GIFTS

Life skills | Friendships | Self-empowerment with Nan

WEDNESDAYS | 4:00 – 5:30 pm

Education Portable, 669 Centre Street

Starts : Oct 1 2025

Register your daughter today

Nan | nancys@snuneymuxw.ca

250-751-9409





Hul'qumi'num Language

Learning our Language with Aunty Mandy & Gena

Start Dates:

Tuesday October 7 2025

4:30 p.m. to 6:00 p.m.

Thursday October 9 2025

4:30 p.m. to 6:00 p.m.

<u>Location:</u> 1984 Woobank Rd Snuneymuxw Learning Academy

Please email chenoap@snuneymuxw.ca to register or call 250-740-2316

No Zoom at this time – Watch soon for upcoming video recordings



Introduction to Hul'qumi'num Language

with Uncle Gary Manson and Adam Manson

Learning our Language for beginners

Start Date:

October 6 2025

5:30 p.m. to 7:00 p.m.

Location:

Education Portable @ 669 Center Street

Please email <u>chenoap@snuneymuxw.ca</u> to register or call 250-740-2316

No Zoom at this time





YOU WILL NEED:

ACCEPTABLE VALID ID (NOT EXPIRED)

1 PIECE OF ID IF YOU HAVE:

- DRIVER'S LICENSE'S
- PROVINCIAL ID (BCID)
- BC HEALTH CARD W/PHOTO
- PASSPORT

MULTIPLE PIECES OF ID

 WHEN COMBINED HAVE ALL REQUIRED ELEMENTS (FULL NAME, D.O.B, SIGNATURE &

PHOTOS

 CIS OR SCIS PHOTOS HAVE DIFFIERENT SIZES

IF YOUR NAME HAS CHANGED PLEASE BRING NAME LINKING DOCUMENTS

RENEW

YOUR STATUS CARD

REGISTRATION

- 1. ADULTS NEED VALID ID & BIRTH CERTIFICATE
- 2. CHILDREN-APPLYING PARENTS MUST HAVE THEIR VALID ID & CHILDS BIRTH CERTIFICATES TO REGISTER THEIR BABY FOR STATUS

PLEASE CONTACT:

BRIDGET WHITE MEMBERSHIP REGISTRATION ADMINISTRATOR

Phone: 250-740-2300 OR Email: membership@snuneymuxw.ca

No appointments-walk-ins accepted, please be prepared to wait if someone is ahead of you!

THERE ARE TWO MAIN TYPES OF STATUS CARDS:

- Secure Certificate of Indian Status (SCIS): A more modern, secure card with advanced security features. (May take 2 – 6 months to receive from ISC)
- Certificate of Indian Status (CIS): An older, laminated paper version of the card.

CERTIFICATE OF INDIAN STATUS (CIS)

(LAMINATED PAPER VERSION)

NO ID=CONTACT ME

(SCIS)



(CIS)







SNUNEYMUXW MEMBERS!

Please update your contact information on our membership website.

(This helps us keep you informed about important updates, including the upcoming Christmas Distribution.)

UPDATE YOUR INFO HERE: WWW.SNUNEYMUXW.CA/MEMBERSHIP







HOME VISIT HAIRCUTS with Tony Wyse

Free haircuts for Snuneymuxw members!

Experience the convenience and comfort of professional haircuts brought right to your home.

starting Monday, October 6th, 2025







Looking for a trim, a fresh new style, or a routine cut? Tony Wyse has you covered!

MONDAY - THURSDAY: HOME VISIT HAIR CUTS

Call Tony to book a visit:

778-268-0488

FRIDAYS DROP IN FROM 9AM - 12PM snuneymuxw hulit lelum 1451 MacMillan Rd.





Are you interested in Carpentry?

CSETS Bladerunners will be doing an Carpentry intake this November at Snuneymuxw Education trailer

TARGTETED SNUNEYMUXW PARTICIPANTS

WE ARE LOOKING FOR SNUNEYMUXW YOUTH WHO ARE READY FOR A FRESH START IN THE WORK-FORCE. IDEAL PARTICIPANTS ARE:



- Unemployed and not currently in school
- Not working or attending any educational training in the past 6 months
- Not receiving Employment Insurance
- Have not completed a previous Bladerunners program.
- Motivated and eager to prove themselves

SUMMARY OF THE PROGRAM

BladeRunners is designed to help you build skills, gain confidence, and prepare for long-term success in the workplace. Participants will receive:

- A \$250 completion bonus
- First Aid Level One; Confined Space; Fall Protection; Hazard Recognition Control; WHIMIS; Workplace Safety; Bullying and Harassment; Ladder and Scaffolding Safety; Employee and Employer Rights and responsibilities; Reading a tape measure; PPE; Back Safety (MSI)

Contact Sheila White for more information 250-740-2300

Start Date: November 3—November 20, 2025 Location: Education trailer (669 Centre Street)







Funding provided by the Government of Canada through the Canada-British Columbia Job Fund.





FLU & COVID VACCINES HAVE ARRIVED!



Drop-In Clinic

Every Thursday, 8:30am - 3:30pm

snuneymuxw hulit lelum

1451 MacMillan Road

BOOST IMMUNIT

Please bring your Care Card

AVAILABLE TO ANYONE 6 MONTHS OF AGE AND OLDER



Questions? please call

250-740-2337







Event Rentals At WOODBANK

(Snuneymuxw Learning Academy)

1984 Woobank Rd, Nanaimo A, BC V9X 1J1 Looking for Rental Space Available

- ▶Birthdays
- ➤ Small Gathering Place
 - ➤ Meeting Space
 - Family Gathering
- Multi-purpose space can hold up to 50 people
 - Gym space max 100 people
 - Library space 30 people

TO BOOK NOW

CALL AMY WYSE 250-754-1300 OR EMAIL AT

AMYW@SNUNEYMUXW.CA FOR MORE DETAILS





SNUNEYMUXW FIRST NATION

We're hiring!



SHELLFISH MASTER VERIFIER

LEARN MORE + APPLY

www.snuneymuxw.ca/jobs







SNUNEYMUXW FIRST NATION

We're hiring!



ON-CALL RECEPTIONISTS

"The On-Call Receptionist position is a great opportunity to gain office work experience, build organization and communication skills, and get your foot in the door with the Nation."

LEARN MORE + APPLY

www.snuneymuxw.ca/jobs





HOW TO ACCESS SFN COUNSELLING

1.

Call SFN hulit leum and ask to speak with a counsellor. 250-740-2337



2.

We connect you with a counsellor.



3.

We book your first appointment and look forward to welcoming you.



SNUNEYMUXW HULIT LELUM 1451 MACMILLAN RD.,

NANAIMO, B.C. Reception: 250 740 2337





HOW TO GET HELP FOR SUBSTANCE USE

Call SFN hulit leum and ask to speak with a counsellor. 250-740-2337



2. We book your first appointment and look forward to welcoming you.



- **3.** You and a counsellor have a confidential conversation to discuss the following:
 - a) Your physical and mental health.
 - b) Whether detox support is needed before starting treatment.



d) The support we can provide while you wait for additional help.



4. Plan for ongoing and post treatment support.



SNUNEYMUXW HULIT LELUM

1451 MACMILLAN RD., NANAIMO, B.C. Reception: 250 740 2337



2025 SOCIAL ASSISTANCE DATES

MID MONTH	S/A DAYS
DEC. 04/24	DEC.18/2024 (FOR JANUARY 2025)
JAN 08/25	JAN. 22, 2025 (FOR FEBRUARY 2025)
FEB 05/25	FEB.19, 2025 (FOR MARCH 2025)
MAR.05/25	MAR.19, 2025(FOR APRIL 2025)
APR 02/25	APR.16, 2025 (FOR MAY 2025)
MAY 07/25	MAY 21, 2025 (FOR JUNE 2025)
JUN 04/25	JUNE 25,2025 (FOR JULY 2025)
JUL 08/25	JULY 23, 2025 (FOR AUGUST 2025)
AUG 06/25	AUG. 27,2025 (FOR SEPT 2025)
SEPT 10/25	SEPT. 24,2025 (FOR OCT 2025)
OCT 08/25	OCT. 22, 2025 (FOR NOV 2025)
NOV 05/25	NOV. 19,2025 (FOR DEC 2025)
DEC 03/25	DEC. 17, 2025 (FOR JANUARY 2025)





SNUNEYMUXW HULIT LELUM SUPPORT SERVICES

SFN Counselling Services

SNUNEYMUXW HULIT LELUM 1451 MACMILLAN RD., NANAIMO, B.C.

Front Desk: <u>Appointment Line:</u> 250-740-2337 250-740-2345

Our counsellors at SFN hulit lelum have completed trauma-informed, master's level university education and are certified counsellors.

Our counsellors are available Monday to Friday to support Snuneymuxw members.

Some of the areas that our counsellors may be able to help with include, but are not limited to:

- Anxiety
- Depression
- · Grief & Loss
- Loss of relationships (friends, partners)
- · Coping with anger
- · Dealing with difficult emotions
- Coping skills / emotional regulation
- · Self-esteem / self-worth
- Communication
- · Creating healthy boundaries
- · Coping with racism and discrimination
- Coping with impact of residential school and day school
- Concerns about your own, or someone else's substance use

If our counsellors determine that you may be better supported by another service provider (for example, someone who specializes in a particular area) they can help you navigate other options.

ADDITIONAL HELPFUL RESOURCE INFO:

SNUNEYMUXW EMPLOYEE BENEFITS:

If you are employed with Snuneymux First Nation, you may be eligible for extended health benefits, such as confidential counselling services through the Employee & Family Assistance Plan. Please refer to your benefits package and/or speak to Human Resources to find out more and to verify if you are eligible.

FNHA MENTAL HEALTH BENEFITS:

If you are a status First Nations person living in B.C., you can access certain health & wellness benefits through First Nations Health Authority (FNHA) such as confidential counselling services. There are numerous counsellors to choose from on their mental health provider list. SN counsellors are happy to support you with navigating the FNHA mental health provider list. For more information, please visit:

www.fnha.ca/benefits/mental-health

SNUNEYMUXW FAMILY ADVOCATE:



Robyn Hohn supports families in Snuneymuxw who are connected with Child & Family Services.

Robyn can be reached at **250-740-2337** or **robynh@snuneymuxw.ca**

Remember, you are not alone. You have options.

CRISIS / DISTRESS RESOURCES:

KUU-US Crisis Line Society (24-hour)

Adults/Elders: 250-723-4050 Child/Youth: 250-723-2040 Toll Free Line: 1-800-588-8717

Vancouver Island Crisis Society (24-hour)

Phone: 1-888-494-3888

Text: 250-800-3806 (6pm - 10pm)

Online chat: www.vicrisis.ca (6pm - 10pm)

National Residential School Crisis Line (24-hour)

1-866-925-4419

Hope For Wellness Help Line (24-hour)

Offers immediate help to all Indigenous peoples across Canada

- " s canada

Toll-free Help Line: 1-855-242-3310 Online Chat: <u>www.hopeforwellness.ca</u>

Crisis Line Association of B.C. (24-hour)

1-800-SUICIDE (1-800-784-2433)





Garbage & Recycling

Recycling pickup: Wednesday

Garbage pickup: Monday & Thursday

Please have your garbage and recycling out by 8:00 am on the day of the service.

Please remember that all recyclables
MUST be in a clear plastic bag or in a bin.
(The recycling depot does not accept
anything in a dark garbage bag.)

Are you interested in being on the list to deliver the Snuneymuxw News?

If so, please call the Main office at 250-740-2300 and ask for your name to be added to the list of people who deliver the SFN Newsletter.



SFN MEMBERS:

Please update your contact info, for the latest updates.

To update your contact info, call the office at: **250-740-2300**

or email: membership@snuneymuxw.ca

Please provide your latest contact information including: address, phone numbers, email and any other updated information.

hay ch qa' (thank you) for your help!

Handy Numbers

SFN Office: 250-740-2300

Joan Brown: 250-740-2300

Health Centre: 250-740-2337

QQS School: 250-754-3033

Daycare: 250-740-2348

Tuytaxun Store: 250-753-4214

Saysutshun: 1-866-788-6243

RCMP/non-emergency:

250-754-2345

HEALTH CLINIC & EMERGENCY:

Health Centre Front Desk:

250-740-2337

Health Centre Appointment Line:

250-740-2345

Cheryl Mooney

250-668-2644

cmooney@snuneymuxw.ca

Marina White

250-668-5244

marinaw@snuneymuxw.ca

Regan Seward

250-616-3582

regans@snuneymuxw.ca

Housing:

250-716-6548

Check out the latest Nation job postings:

www.snuneymuxw.ca/jobs

Follow us on Facebook:

www.facebook.com/SnuneymuxwFirstNation

SFN newsletters are also posted on the

website as PDFs:

www.snuneymuxw.ca/newsletter

Visit <u>www.snuneymuxw.ca</u> for more info, and to sign up to have the newsletter sent to you by email.