

Snuneymuxw News

Informing the people of the Snuneymuxw First Nation about issues that matter

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Snuneymuxw News is published monthly.

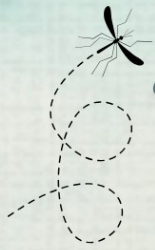
Snuneymuxw First Nation, 668 Centre St., Nanaimo, B.C. V9R 4Z4

Tel: 250-740-2300, 1-888-636-8789, communications@snuneymuxw.ca

August 07 2025



tum'qwe'unxw *(August)*



"the time when the mosquitoes are out"



qwe'un *mosquitos*
qwi'lus *summer*





PETROGLYPH
DEVELOPMENT GROUP

AUGUST Updates

MOUNT BENSON NORTH LAND TRANSFER



We're proud to share that Snuneymuxw has completed the transfer of over 700 hectares of land at te'tuxwtun (Mount Benson North) from the Province of B.C.

This land return is part of the Snuneymuxw Land Transfer Agreement (2020) and supports our Nation's journey of reconciliation, economic independence, and cultural revitalization.

The land will be managed by Petroglyph Development Group (PDG) through Mount Benson Forestry, helping create sustainable opportunities for our people today and for future generations.

For more information:

<https://tinyurl.com/y92s92fh>





PETROGLYPH
DEVELOPMENT GROUP



SNUNEYMUXW DAYS



We had a great time at Snuneymuxw Days, connecting with community, sharing stories, handing out swag, and giving away some awesome prizes!

A big hay cep qa' (thank you) to everyone who stopped by our booth.

Your energy and support made the day special.



GROW FACILITY NEWS HIGHLIGHT



Our Cannabis Grow Facility is in the final stages of development, and we're proud to share this milestone with our community.

Ian Simpson, CEO of Petroglyph Development Group, and Jason Guild, Cannabis Operations, recently provided an update to the Nanaimo Bulletin on the facility's progress and what this means for local, Indigenous-owned cannabis.

<https://tinyurl.com/2m659ywd>





PETROGLYPH
DEVELOPMENT GROUP

CASINO NANAIMO DEALER POSITION



Looking to launch a new career in the casino industry? We're offering paid in-house training for Dealers from August 22 - Sept 5!

Casino Nanaimo's two-week course will teach you the rules, gameplay, and skills you need to become a certified dealer.

Apply today through Indeed:
<https://tinyurl.com/yr6ssj4t>



For more information, contact us at
recruitment@casinonanaimo.ca



JOB OPPORTUNITIES



Interested in joining the PDG family? We're always looking for passionate and talented individuals to be part of our growing team. Send your resume to hr@petroglyphdg.com or visit our website to learn more!

Stay updated: petroglyphdg.com/career-opportunities





hay ch'ga' for joining us for
SNUNEYMUXW DAYS 2025!





WHAT TO EXPECT IN 2026:



Soccer Tournament

Basketball

Canoe races

Marketplace

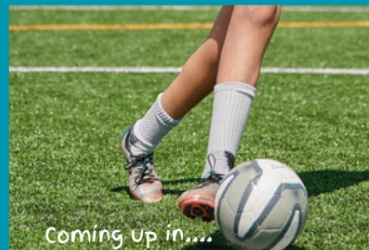
Food trucks

Kids Zone

Bone game

Jam night

+ more!



www.SnuneymuxwDays.com



'i' cun 'uw 'i' COMMUNITY PLANNING

Take a virtual tour of our Lands and Waters!

We invite all members to take a virtual tour of our land parcels and learn more about the 'i' cun 'uw 'i': Community Master Plan!

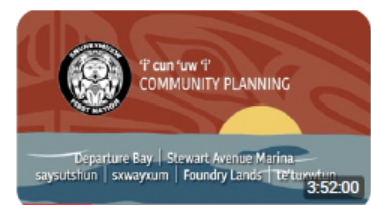
These new videos showcase the beauty of our sacred Lands and Waters, while offering more information about each parcel and the planning process.



Visit www.snuneymuxw.ca/cp to watch the videos and enter for a chance to win exciting prizes by sharing your ideas for the future of these sacred Lands through our online surveys.



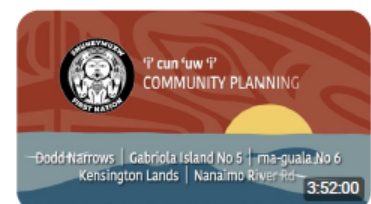
'i' cun 'uw 'i': Community Master Planning te'tuxwtun



'i' cun 'uw 'i': Community Master Planning Parcel package 1



'i' cun 'uw 'i': Community Master Planning Parcel package 2



'i' cun 'uw 'i': Community Master Planning Parcel package 3



'i' cun 'uw 'i' COMMUNITY PLANNING

AUGUST 12, 2025

MARK YOUR CALENDARS


Learn more about the 'i' cun 'uw 'i': Community Master Plan at our upcoming online community info session.


Join us over Zoom to hear from our Lands team, have your questions answered and share your feedback on the future plans for our Nation.



ONLINE MEETING

 Tuesday, August 12, 2025

 5:00–6:00 PM

 Meeting ID: 863 1801 3742
Passcode: A82kX@V



Scan the QR
code to join the
Zoom meeting

hay ch qa' for sharing your ideas and experience. Your participation helps turn our shared vision for the future of our Nation into reality.

Visit www.snuneymuxw.ca/cp for more information.



Roots & Harvest Camp

- Kids, Families, Adults, Elders
- Farm Fun, Learn to Grow, Harvest, Cook together, Bring home the bounty
- 4-day camp: Tues-Fri Aug 26-29
- 10am-2pm
- 945 Park Ave. Farm



SCAN ME



Nanaimo
Foodshare
"Local Food Matters"



Register at:

<https://www.eventbrite.ca/e/roots-harvest-camp-tickets-1549676296519?aff=oddtcreator>

Or email:

sheilaw@snuneymuxw.ca



Reclaiming Justice for Indigenous Youth Symposium

We invite individuals and organizations who are committed to supporting Indigenous youth, including representatives from government, non-government organizations, social service agencies, educational institutions, school districts, youth workers, and community advocates.

We invite you to join us to discover the impact and importance of Indigenous led teachings, connection and support that is working to detour Indigenous youth from getting involved or moving away from the justice system. Hear from Vancouver Island Youth and Elders as they share their experience and teachings that are encouraging and empowering positive life choices.



Vancouver Island Conference Centre

Hosted on the unceded traditional territory of the Snuneymuxw People (Nanaimo, BC)



September 17-18, 2025



PARCA Event Coordinator

echarlie.events@gmail.com
(250) 713-8130



Register!

For tickets to the event, please scan the QR code or visit our [Eventbrite page](#).

Accommodation: Marriott Courtyard – Group rate available until August 16, 2025. [Link here](#) or call 888-978-3775. Use **Group ID G1583** or **PARCA**.

 **PARCA**
Provincial Association of Residential & Community Agencies





Reminder:
**FIRE BAN IN PLACE
UNTIL FURTHER NOTICE**



There is currently a fire ban in effect for most open burning.
More details at: rdn.bc.ca/news-releases

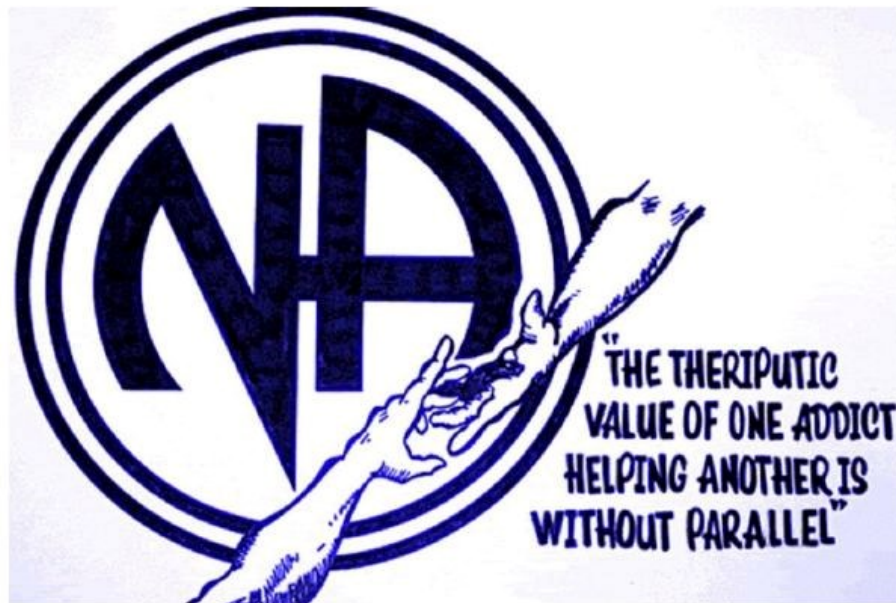


Reminder:
**WATER RESTRICTIONS IN PLACE
UNTIL FURTHER NOTICE**



**Stage 4 water restrictions began on August 1st 2025,
and remain in effect.**
More details at: rdn.bc.ca/news-releases





When : Wednesdays @ 7pm
Where : 669 Centre Street
(in the Portable)

More info
about NA
programs:



www.cviana.ca/who-we-are

Info about the
importance of
anonymity:



Find more
local
meetings:



www.cviana.ca/current-meetings



HOW TO ACCESS SFN COUNSELLING

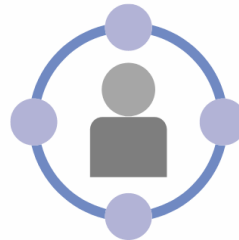
1.

Call SFN hulit leum
and ask to speak
with a counsellor.
250-740-2337



2.

We connect you with
a counsellor.



3.

We book your first
appointment and
look forward to
welcoming you.



SNUNEYMUXW HULIT LELUM
1451 MACMILLAN RD.,
NANAIMO, B.C.
Reception: 250 740 2337



HOW TO GET HELP FOR SUBSTANCE USE

- 1.** Call SFN hulit leum and ask to speak with our counsellor Dean at 250-740-2337
- 2.** We book your first appointment and look forward to welcoming you.
- 3.** You and a counsellor have a confidential conversation to discuss the following:
 - a) Your physical and mental health.
 - b) Whether detox support is needed before starting treatment.
 - c) Review treatment options including treatment centres.
 - d) The support we can provide while you wait for additional help.
- 4.** Plan for ongoing and post treatment support.



SNUNEYMUXW HULIT LELUM
1451 MACMILLAN RD.,
NANAIMO, B.C.
Reception: 250 740 2337



2025 SOCIAL ASSISTANCE DATES

MID MONTH

DEC. 04/24

JAN 08/25

FEB 05/25

MAR.05/25

APR 02/25

MAY 07/25

JUN 04/25

JUL 08/25

AUG 06/25

SEPT 10/25

OCT 08/25

NOV 05/25

DEC 03/25

S/A DAYS

DEC.18/2024 (FOR JANUARY 2025)

JAN. 22, 2025 (FOR FEBRUARY 2025)

FEB.19, 2025 (FOR MARCH 2025)

MAR.19, 2025(FOR APRIL 2025)

APR.16, 2025 (FOR MAY 2025)

MAY 21, 2025 (FOR JUNE 2025)

JUNE 25,2025 (FOR JULY 2025)

JULY 23, 2025 (FOR AUGUST 2025)

AUG. 27,2025 (FOR SEPT 2025)

SEPT. 24,2025 (FOR OCT 2025)

OCT. 22, 2025 (FOR NOV 2025)

NOV. 19,2025 (FOR DEC 2025)

DEC. 17, 2025 (FOR JANUARY 2025)



SNUNEYMUXW HULIT LELUM SUPPORT SERVICES

SFN Counselling Services

SNUNEYMUXW HULIT LELUM 1451 MACMILLAN RD., NANAIMO, B.C.

Front Desk:
250-740-2337

Appointment Line:
250-740-2345

Our counsellors at SFN hulit lelum have completed trauma-informed, master's level university education and are certified counsellors.

Our counsellors are available Monday to Friday to support Snuneymuxw members.

Some of the areas that our counsellors may be able to help with include, but are not limited to:

- Anxiety
- Depression
- Grief & Loss
- Loss of relationships (friends, partners)
- Coping with anger
- Dealing with difficult emotions
- Coping skills / emotional regulation
- Self-esteem / self-worth
- Communication
- Creating healthy boundaries
- Coping with racism and discrimination
- Coping with impact of residential school and day school
- Concerns about your own, or someone else's substance use

If our counsellors determine that you may be better supported by another service provider (for example, someone who specializes in a particular area) they can help you navigate other options.



ADDITIONAL HELPFUL RESOURCE INFO:

SNUNEYMUXW EMPLOYEE BENEFITS:

If you are employed with Snuneymuxw First Nation, you may be eligible for extended health benefits, such as confidential counselling services through the Employee & Family Assistance Plan. Please refer to your benefits package and/or speak to Human Resources to find out more and to verify if you are eligible.

FNHA MENTAL HEALTH BENEFITS:

If you are a status First Nations person living in B.C., you can access certain health & wellness benefits through First Nations Health Authority (FNHA) such as confidential counselling services. There are numerous counsellors to choose from on their mental health provider list. SFN counsellors are happy to support you with navigating the FNHA mental health provider list. For more information, please visit: www.fnha.ca/benefits/mental-health

SNUNEYMUXW FAMILY ADVOCATE:



Jake Dietrich supports families in Snuneymuxw who are connected with Child & Family Services.

Remember: You are not alone. You have options.

CRISIS / DISTRESS RESOURCES:

KUU-US Crisis Line Society (24-hour)

Adults/Elders: 250-723-4050

Child/Youth: 250-723-2040

Toll Free Line: 1-800-588-8717

Vancouver Island Crisis Society (24-hour)

Phone: 1-888-494-3888

Text: 250-800-3806 (6pm - 10pm)

Online chat: www.vicrisis.ca (6pm – 10pm)

National Residential School Crisis Line (24-hour)

1-866-925-4419

Hope For Wellness Help Line (24-hour)

Offers immediate help to all Indigenous peoples across Canada

Toll-free Help Line: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

Crisis Line Association of B.C. (24-hour)

1-800-SUICIDE (1-800-784-2433)



Garbage & Recycling

Recycling pickup: Wednesday
Garbage pickup: Monday & Thursday

Please have your garbage and recycling out by 8:00 am on the day of the service.

Please remember that all recyclables MUST be in a clear plastic bag or in a bin. (The recycling depot does not accept anything in a dark garbage bag.)

SFN MEMBERS:

Please update your contact info, for the latest updates.

To update your contact info, call the office at: **250-740-2300**
or email: membership@snuneymuxw.ca

Please provide your latest contact information including: address, phone numbers, email and any other updated information.

hay ch qa' (thank you) for your help!

HEALTH CLINIC & EMERGENCY:

Health Centre Front Desk:
250-740-2337

Health Centre Appointment Line:
250-740-2345

Cheryl Mooney
250-668-2644
cmooney@snuneymuxw.ca

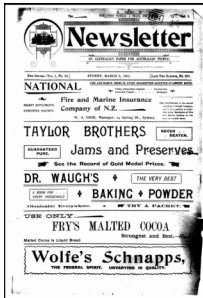
Marina White
250-668-5244
marinaw@snuneymuxw.ca

Regan Seward
250-616-3582
regans@snuneymuxw.ca

Housing:
250-716-6548

Are you interested in being on the list to deliver the Snuneymuxw News?

If so, please call the Main office at 250-740-2300 and ask for your name to be added to the list of people who deliver the SFN Newsletter.



Handy Numbers

SFN Office: 250-740-2300

Chief Administration Officer -
Joan Brown: 250-740-2300

Health Centre: 250-740-2337

QQS School: 250-754-3033

Daycare: 250-740-2348

Tuytaxun Store: 250-753-4214

Saysutshun: 1-866-788-6243

RCMP/non-emergency:
250-754-2345

Check out the latest Nation job postings:
www.snuneymuxw.ca/jobs

Follow us on Facebook:
www.facebook.com/SnuneymuxwFirstNation

SFN newsletters are also posted on the website as PDFs:
www.snuneymuxw.ca/newsletter

Visit www.snuneymuxw.ca for more info, and to sign up to have the newsletter sent to you by email.