



# Snuneymuxw

First Nation

[www.snuneymuxw.ca](http://www.snuneymuxw.ca)

## **JOB POSTING**

### **Mental Health & Wellness Counsellor**

**Full-time, 1 year Maternity Leave Coverage Term**

Wage: \$38.68 – \$48.88 per hour depending on education and experience

#### **JOB OVERVIEW**

Reporting to and working under the clinical supervision of the Mental Health and Wellness Manager, the Mental Health & Wellness Counsellor is responsible for providing comprehensive mental health services for Snuneymuxw First Nation community members. Mental health services are intended to help improve the mental health and well-being of Snuneymuxw First Nation members and the overall community.

#### **JOB RESPONSIBILITIES**

The Mental Health & Wellness Counsellor will be responsible for the following duties:

- Develop and implement counseling plans based on assessments utilizing interventions/formats that include, but are not limited to, solution-focused, cognitive-behavioral, family systems, harm reduction, play and/or art therapy.
- Provide aftercare and follow-up counseling, following in-patient treatment for mental health/addictions issues or trauma.
- Complete intake, client case notes/records, client counseling records, referral letters and other documentation as required in the format set out by the Health Centre policy.
- To plan and implement counselling support and facilitate therapeutic groups related to community crisis response activities.
- Develop and/or modify new and existing program material and resources to meet identified needs such as presentations, workshops, training programs, posters, brochures, and workbooks.
- Provide in-service mental health and addictions training support for Health Centre team.
- Participate in mental health program evaluation, data collection activities, and other program design and delivery initiatives; evaluates therapeutic counseling and outcomes to determine the best service for clients.
- Actively seek out and supports activities that promote client, staff, visitor, and contractor safety.
- Participate in the review and revision of documents such as the Privacy and Security Action Plan, PIA, and STRA.
- Perform other duties as assigned.



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## **JOB REQUIREMENTS**

### **Education:**

- An undergraduate degree or college diploma with a focus on counselling is required.
- A master's degree in a counselling-related field is preferred.
- Completion of mental health counseling training is preferred.
- Registration with a regulatory body such as the Canadian Counselling and Psychotherapy Association (CCPA) or the British Columbia Association for Clinical Counsellors (BCACC) is preferred.

### **Experience:**

- At least 2 years of experience in mental health or addictions counseling in a First Nation community or with an Indigenous agency.
- A minimum of 1 year related clinical experience is preferable.

### **Knowledge, Skills and Abilities:**

- Knowledge of the root causes of poor mental health, addictive behavior, and trauma amongst Indigenous peoples, including colonization, poverty, residential schools, and other mental health determinants.
- Knowledge of child/adolescent and adult development, psychological/social/cognitive development.
- Knowledge of the different referral agencies/services available within British Columbia (and First Nations communities) for those individuals who require in-patient or alternative (i.e. psychiatric) assessment and care; this includes knowledge of referral routes and case management techniques.
- Knowledge of relevant legislation related to mental health and child/family services; ability to interpret and explain pertinent mental health-related policies and procedures to clients.
- Adherence to a professional Code of Ethics.
- Excellent presentation, written and active listening skills.
- Strong interpersonal skills; ability to establish and maintain effective and efficient working relationships with parents, staff and community agencies/representatives.
- Ability to work as a team member as well as to be self-directed in carrying out daily duties.
- Knowledge of Coast Salish culture protocols/traditional practices is desirable.
- Demonstrated ability to use software applications and clinical information system (preferably EMR – Med Access).

### **Willingness Statements:**

- You are required to possess and maintain a valid BC driver's license.
- You are required to provide a record confirming current vaccinations.
- You may be required to work outside of work hours if an emergency occurs.



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- You will be subject to satisfactory reference checks and Criminal Records Checks-Vulnerable Sector.
- You will be required to provide copies of your professional certificates.
- You must maintain strict confidentiality in performing the duties of the Mental Health & Wellness Counsellor and must adhere to the Snuneymuxw Health Centre Confidentiality Policy; as well as your professional Code of Ethics and accreditation standards.

Please submit your current **resume and cover letter** to:

Snuneymuxw First Nation  
Attention: HR  
668 Centre Street, Nanaimo, BC, V9R 4Z4  
or email: [HR@snuneymuxw.ca](mailto:HR@snuneymuxw.ca)  
Fax: 250-753-3492

**Deadline Date: July 18, 2024 @ 4 PM**

*Please note: Only those applicants who are shortlisted will be contacted. Thank you.*

## Snuneymuxw Standards

Our values will guide us towards becoming a stronger, more effective organization with a positive and mutually beneficial work environment for everyone.

<b>Achievement</b>	Deliver what matters Ensure clarity of direction and unity of purpose Inspire excellence and strive for outstanding results
<b>Collaboration</b>	Work together to build successful teams and partnerships Be open, inclusive and share knowledge Seek, provide, and act on feedback
<b>Community Commitment</b>	Know our community and put them first Listen to and understand community needs Be responsive, close the loop and deliver on promises
<b>Integrity</b>	Own your actions, successes, and mistakes Act with transparency, honesty, and respect Do what you say you will do
<b>Innovation</b>	Look for ways to improve and create positive change Think broadly and take a wider viewpoint Be responsive to new ideas and opportunities