



Snuneymuxw

First Nation

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JOB POSTING

Mental Health & Wellness Counsellor

JOB OVERVIEW

Reporting to and working under the clinical supervision of the Mental Health and Wellness Manager, the Mental Health & Wellness Counsellor is responsible for providing comprehensive mental health services for Snuneymuxw First Nation community members. Mental health services are intended to help improve the mental health and well-being of Snuneymuxw First Nation members and the overall community. This is a full-time, permanent position with a competitive compensation package.

Snuneymuxw Standards

Our values will guide us towards becoming a stronger, more effective organization with a positive and mutually beneficial work environment for everyone.

Achievement	Deliver what matters Ensure clarity of direction and unity of purpose Inspire excellence and strive for outstanding results
Collaboration	Work together to build successful teams and partnerships Be open, inclusive and share knowledge Seek, provide, and act on feedback
Community Commitment	Know our community and put them first Listen to and understand community needs Be responsive, close the loop and deliver on promises
Integrity	Own your actions, successes, and mistakes Act with transparency, honesty, and respect Do what you say you will do
Innovation	Look for ways to improve and create positive change Think broadly and take a wider viewpoint Be responsive to new ideas and opportunities



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JOB RESPONSIBILITIES

The Mental Health & Wellness Counsellor will be responsible for the following duties:

- Develop and implement counseling plans based on assessments utilizing interventions/formats that include, but are not limited to, solution-focused, cognitive-behavioral, family systems, harm reduction, play and/or art therapy.
- Provide aftercare and follow-up counseling, following in-patient treatment for mental health/addictions issues or trauma.
- Complete intake, client case notes/records, client counseling records, referral letters and other documentation as required in the format set out by the Health Centre policy.
- Provide counselling support related to community crisis response activities.
- Develop and/or modify new and existing program material and resources to meet identified needs such as presentations, workshops, training programs, posters, brochures, and workbooks.
- Provide in-service mental health and addictions training support for Health Centre team.
- Participate in mental health program evaluation, data collection activities, and other program design and delivery initiatives; evaluates therapeutic counseling and outcomes to determine the best service for clients.
- Actively seek out and supports activities that promote client, staff, visitor, and contractor safety.
- Participate in the review and revision of documents such as the Privacy and Security Action Plan, PIA, and STRA.
- Perform other duties as assigned.

JOB REQUIREMENTS

Education:

- An undergraduate degree or college diploma in a social science field is required.
- A master's degree in a social science field is an asset.
- Completion of mental health counseling training is preferable.

Experience:

- At least 2 years of experience in mental health or addictions counseling in a First Nation community or with an Indigenous agency.
- A minimum of 1 year related clinical experience is preferable.

Knowledge, Skills and Abilities:

- Knowledge of the root causes of poor mental health, addictive behavior, and trauma amongst Indigenous peoples, including colonization, poverty, residential schools, and other mental health determinants.
- Knowledge of child/adolescent and adult development, psychological/social/cognitive development.
- Knowledge of the different referral agencies/services available within British Columbia (and First Nations communities) for those individuals who require in-patient or



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alternative (i.e. psychiatric) assessment and care; this includes knowledge of referral routes and case management techniques.

- Knowledge of relevant legislation related to mental health and child/family services; ability to interpret and explain pertinent mental health-related policies and procedures to clients.
- Adherence to a professional Code of Ethics.
- Excellent presentation, written and active listening skills.
- Strong interpersonal skills; ability to establish and maintain effective and efficient working relationships with parents, staff and community agencies/representatives.
- Ability to work as a team member as well as to be self-directed in carrying out daily duties.
- Knowledge of Coast Salish culture protocols/traditional practices is desirable.
- Demonstrated ability to use software applications and clinical information system (preferable PROFILE).

Willingness Statements:

- You are required to possess and maintain a valid BC driver's license.
- You may be required to work outside of work hours if an emergency occurs.
- You will be subject to satisfactory reference check and Criminal Records Checks.
- You will be required to provide copies of your professional certificates.
- You must maintain strict confidentiality in performing the duties of the Mental Health & Wellness Counsellor and must adhere to the Snuneymuxw Health Centre Confidentiality Policy; as well as your professional Code of Ethics and accreditation standards.

Please submit your current resume and cover letter to:

Snuneymuxw First Nation
Attention: HR
668 Centre Street, Nanaimo, BC, V9R 4Z4
or email: HR@snuneymuxw.ca
Fax: 250-753-3492

Deadline Date: March 31, 2023 @ 4 PM

Please note: Only those applicants who are shortlisted will be contacted. Thank you.