

# Discovery

Youth & Family Substance Use Services

Introduces a 6-week group for parents and caregivers who are concerned about their teen's active substance use.

## Recognizing Resilience

@ the Discovery Office

206—96 Cavan Street, Nanaimo

Wednesdays, 6:00 - 7:30 p.m.

October 29th to December 3rd, 2014

The group will provide...

- \* Discussions
- \* Information sharing
- \* Support
- \* Relevant Topics
- \* Ideas
- \* Safety

Call 250-739-5790 to register...  
space is limited...!



island health

