



One Stop Youth Centre Schedule

| November 2014 | | | | | | |
|--|---------------|---|--|---|-----------|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| One Stop operates a no cost meal program for youth. Safe, friendly and alcohol and drug free space. Ages 13- 18 years old regular sessions. Tune In & Red Door Ages 13-25 years old. | | | | | | 1 Frolf @ Beban Park 12:00- 4:00 |
| 2 Tune In Music Program 12:00-4:30 | 3 | 4 Family Night 5:00-9:00 | 5 Buttertubs Marsh Walk 5:00-9:00 | 6 Crayon Art Night Tune In 5:00-9:00 | 7 | 8 Shop Day 12:00- 4:00 |
| 9 Tune In Music Program 12:00-4:30 | 10 | 11 CLOSED | 12 Baking Night 5:00-9:00 | 13 Canvas Painting /Tune In 5:00-9:00 | 14 | 15 Ice Skating 12:00-4:00 |
| 16 Tune In Music Program 12:00-4:30 | 17 | 18 Movie Night @ Theatre 5:00-9:00 | 19 Board Game/Video Games 5:00-9:00 | 20 Paper Mache Bowls/ Tune In 5:00-9:00 | 21 | 22 Shop Day 12:00- 4:00 |
| 23 Tune In Music Program 12:00-4:30 | 24 | 25 Morell Nature Sanctuary 5:00-9:00 | 26 Ladysmith Light Up 5:00-9:00 PM | 27 Red Door 5:00-9:00 PM | 28 | 29 Parksville Trip 12:00-4:00 |
| 30 Tune In Music Program 12:00-4:30 | Notes: | | | | | |

Location: Nanaimo Youth Services Association @ 290 Bastion Street-
Red Door at Back.

Email: onestop@nysa.bc.ca or **Call** 250 754-1989 ext 241