

## Phone numbers for Snuneymuxw Crisis Response over Christmas and New Year's 2014.

If you or someone you know is experiencing a crisis, such as suicide or death, the quickest and most responsive way to get help is to call:

Integrated Mobile Crisis Response TEAM 1-888-494-3888

This will mobilize the ambulance, RCMP and other emergency services immediately.

If you need to talk to someone about more personal issues that can't wait until Jan. 5<sup>th</sup> then Wayne Johnny is available as well as the Crisis Line and Crisis Chat line

Crisis Response: WAYNE JOHNNY 250-802-3711 (for emergency only)

Crisis Line 24/7: 1-888-494-3888

Chat Line: [www.vicrisis.ca](http://www.vicrisis.ca) 7 nights a week 6-10pm

If you want face to face crisis counselling then another resource is:

Brooks Landing Walk-in Crisis Counselling Clinic #203-2000 Island Hwy.

Open Monday to Friday 10:00am – 6:15pm Open December 24<sup>th</sup>  
CLOSED 25<sup>th</sup> and 26<sup>th</sup> and open Dec. 27<sup>th</sup> and Jan. 1st

Emergency Services 9-1-1

***“Take care of yourself this holiday season and don't drink, drug or text and drive. Stay alive.”***

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