

September 2016 Health Centre Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Official Gym Opening	2	3
4	5 Labour Day Holiday	6 Sobriety Circle 6:00-8:00	7 Playgroup 10:30-1:00 Health Kitchen	8 Elders Lunch 11:30 Health Kitchen Women's Group Registration	9	10
11	12 EVENT: Celebration of Life 10:00-1:00	13 BBF 11:30-2:00 Sobriety Circle 6:00-8:00	14 Playgroup 10:30-1:00 Health Kitchen	15 Health AGM 5:00 MUB Women's Group	16	17
18	19	20 BBF 11:30-2:00 Sobriety Circle 6:00-8:00	21 Playgroup 10:30-1:00 Health Kitchen Heliset Hale Relay 3:00	22 Women's Group	23	24
25	26	27 BBF 11:30-2:00 Sobriety Circle 6:00-8:00	28 Playgroup 10:30-1:00 Health Kitchen	29 Women's Group	30	

BBF- Building Beautiful Families every Tuesday starting Sept. 13th from 11:30am to 2:00pm ages 0-12 months