

# VANCOUVER ISLAND CRISIS LINE

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**Serving Our Island Community  
24hrs/7days a Week**



# The Vancouver Island Crisis Line

## Give Us A Call!

### Why people call?

Mental Emotional Health	41%
Information	16%
Individual & Family Life Issues	14%
Suicidal	7%
Addictions	5%
Abuse/Family Violence	3%
Physical Health	3%
Financial	2%

### When people call?

- 24-hours - 7 days a week
- short term emotional support
- connect with mental health professionals
  - problem solving concerns
- suicide prevention & risk assessment
  - crisis intervention
- Island wide resource database

### Who Will Answer?

- AAS Accredited
- approx. 70 staff and volunteers
- Certified Crisis Workers
- non-judgmental listener
- crisis workers who respect confidentiality, diversity, cultural sensitivity & personal empowerment

### Contact Us

#### VANCOUVER ISLAND CRISIS LINE

(a VHA contracted service)

Box 1118, Nanaimo, BC V9R 6E7

Business Line:

(250) 753-2495 or 1-877-753-2495

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# 1-888-494-3888